# 30 HOUR FAMINE SCHEDULE

### Friday, April 13, 2018

- 5:00pm- Sign-In @ FLC / Collect FUNdraising Donations
- (Place student belongings in video room)
- 6:00pm- Opening Worship & Intro
- 6:30pm- Free Time & Juice Break
- **7:00pm- TRIBE:** Split into groups designated by color bands for games
- 8:00pm- Discussion
- 8:30pm- Free Time & Juice Break
- 9:00pm- Worship/Famine Videos/Gospel Message/Prayer
- 10:00pm- Bible Study and Reflection
- 10:30pm TRIBE Activities
- 11:00pm- Free Time & Juice Break
- 11:30pm- Students walk to designated sleeping areas w/leaders
- 11:45pm- Lights Out and SLEEP

#### Saturday, April 14, 2018

<u>Saturday, April 1, 2010</u>	
Wake Up, Get Active! Juice Break	
Quiet Time & Devotional with Worship Music (@ FLC w/TRIBES)	
Prayer Rotation	
Trek Challenges	
<b>Community Service Projects</b> (on and off site/students bring juice/water)	
Free Time & Juice Break	
TRIBE Activities	
Trek Challenges: AFRICA (Cont.)	
Juice Break & Group Activity	
Clean-Up – Bring all belongings to FLC video room	
Group Activity (Ticket to Eat) / Parents start to arrive	
Break the Fast Meal with Families / Recap of 30HR Famine & Worship	
Final Service Project – Breakdown Famine	

### **Notes for Parents:**

- Start fasting (no food-water/juice allowed) after 12:30pm on Friday. Challenge begins!
- Your student will stay hydrated. Juice breaks are scheduled. Both water and juices will be available at any time during the event. (See Fasting info for Parents online)
- We invite you to join us in celebrating our Break the Famine meal at 6:30 pm to celebrate what we learned and accomplished. You are encouraged to supply a side and beverage to share. (Student Ministry will provide the meat-Sign up Online)
- Students should pack light and include sleeping bag/pillow/sheet. See back.
- Comfortable clothes and shoes are encouraged due to activities and learning/service projects. Specific details to be emailed closer to event.
- Chaperones and Volunteers are present throughout event. If you would like to participate, please notify <u>sandyk@csrachurch.org</u>. An online, completed background check is required prior to serving.

# 30 Hour Famine Schedule

### Packing List:

Students and Leaders will be staying on campus. Guys and girls are separated, both having adult leaders. The list of what they need is very simple.

- Bible, note pad, pen
- Cardboard, sleeping bag or plain mat to sleep on and a blanket/sheet to cover. Pillow is optional.
- Pajamas/shorts and t-shirt to sleep in
- Comfortable clothes to change into for Saturday be sure to bring gym shoes for service project activity. Nothing inappropriate.
- Toothbrush and toothpaste, deodorant and any additional toiletry necessities.
- Sunscreen, if needed and weather permits, some of our service projects are outdoors.

We will not be showering, so please do so before you arrive. There are sinks available for simple, basic cleanup.

Due to the purpose of the 30 Hour Famine, please do not bring snacks or drinks. We will have juice and water available as stated above.

Please email <u>sandyk@csrachurch.org</u> or contact Sandy at 706.294.4366 or Josh at 843.412.6805 if you have any concerns or questions that you have regarding the Famine event or your child.